

# 7 Days

## EXPLORE WONDERFUL NAGANO

LAKE SHIRAKABA / ZENKOJI TEMPLE / DAIO WASABI FARM / NAGANO CITY / TOKYO



Winter Activities\*



Bear Museum



Jikokudani Snow Monkey



Matsumoto Castle

### Highlights

#### SHIRAKABAGO

- Lake Shirakaba
- "Symphony of Light and Shadow" Museum

#### JIKOKUDANI

- Jikokudani Monkey Park

#### NAGANO

- Nagano Zenjoki Buddhist Temple
- Zenjoki Nakamise-dori street

#### MATSUMOTO / LAKE KAWAGUCHI

- Matsumoto Castle
- Nawate Dori
- Yoshahira shrine
- Daio Wasabi Farm
- Lake Suwa
- Yatsugatake Outlet

#### TOKYO

- Asakusa Kannon Temple / Nakamise Shopping Street
- The Daiso
- Ueno
- Drive pass Tokyo Sky Tree

### Meals

- Japanese Set Lunch / Dinner
- Buffet Dinner



**DAY 1 : SINGAPORE ✈️ NARITA** NH 802 0550/1400  
**SINGAPORE ✈️ HANEDA** NH 842 1150/2000  
**SINGAPORE ✈️ HANEDA** NH 844 2215/0630  
**SINGAPORE ✈️ HANEDA** NH 804 0035/0845

Assemble at Singapore Changi International Airport Terminal 2 for your flight to Tokyo.

#### NH 802 / NH 842 (One night stay in Tokyo)

(Lunch on board / Dinner)

Upon arrival Tokyo, we will check in hotel for a well-deserved rest.

Accommodation: Hotel in Tokyo

#### NH 844 / NH 804 ✈️ Tokyo

(Breakfast on Board)

Upon arrival at Haneda / Narita Airport, we shall commence with Day 2 itineraries

#### DAY 2 : TOKYO / NAGANO SHIRAKABA

(Breakfast / Lunch / Dinner)

Upon arrival, we head towards Lake Shirakaba, a magnificent artificial lake located at the western foot of Mt. Tateshina-yama. First, we will visit the "Symphony of Light and Shadow" Museum\* to view the magnificent kage-e (paper-cut pictures by the world renowned artist Seiji Fujishiro. This is one visit that you will never forget. After that, we shall visit the Teddy Bear Museum where you can view more than 5,000 teddy bears collection from around the world. Enjoy the rest of fun-filled day outdoor cycling around the Lake Shirakaba, cruise the lake between Mt. Kuruma-yama and Mt. Tateshina-yama by tour boats or pedal boats, or head on down to the indoor pool and water slides. This evening give your body a treat and relax in the "cave" or "open-air" onsen (hot spring bath) within the hotel.

Accommodation: Hotel in Shirakaba 🏠

\* Ski and winter activities are available from January to mid March (Rental of ski equipment at own expenses).



Silhouette "Symphony of Light and Shadow" Museum

#### DAY 3 : SHIRAKABAGO / JIKOKUDANI "SNOW MONKEY" / ZENKOJI TEMPLE / NAGANO CITY

(Breakfast / Lunch / Dinner)

After breakfast, next, we proceed to Jikokudani Monkey Park\*, home of the famous "snow monkey". More than 200 Japanese Macaque monkeys inhabit this area despite the harsh conditions (snow-covered for one-third of the year) with rough cliffs and hot spring bursting from the ground hence the Jigokudani "Hell's Valley" name). Watch the Macaque up close and observe their fascinating behaviour. Later, we tour the beautiful Nagano Zenkoji Buddhist Temple, built some 1400 years ago, this temple is famous for its way of worshipping called "O-kaidanmeguri" where people walk blindly through a completely dark underground corridor to touch the "Lord of Paradise". We will stroll along Nakamise street with many shop-houses that sell light snacks and souvenirs on our way out.

Accommodation: Hotel in Nagano

\* The park is only accessible by foot

#### DAY 4: NAGANO CITY / MATSUMOTO / NAWATE DORI / DAIO WASABI FARM (Breakfast / Lunch / Dinner)

This morning, we visit the striking and impressive Matsumoto Castle\*. Nickname the "Crow Castle" due to the contrasting hues of black and white exterior. This 6-storey castle was designated as a national treasure. A short distance away from the castle is Nawate Dori. There are a row of small shops along this street selling specialized local products. Along this street, you can also visit Yoshahira Shrine. Look out for the famous large fiberglass frog sculpture. Our next stop is the Daio Wasabi Farm, Japan's largest wasabi farm that covered 15 hectares. Established in 1915, this is a popular tourist spots due to its beautiful watermills and for the magnificent view of the Alps. Do not forget to try the wasabi - flavoured ice-cream and other wasabi - themed products.

Accommodation: Hotel in Nagano or Matsumoto

\* Entrance to main castle is optional at own expense



Sanmon Gate, Zenkoji Temple

#### DAY 5 : MATSUMOTO / LAKE SUWA / YATSUGATAKE OUTLET / LAKE KAWAGUCHI (Breakfast / Lunch / Dinner)

After breakfast, we visit Lake Suwa the largest lake in the prefecture which is situated in the center of Nagano. View the beautiful Mt.Yatsugatake, known as one of the "Three Great Storehouses of Mountain vegetables" from the lake. Later we head towards Yatsugatake Outlet for shopping. Here, you can find clothing and souvenir shops with reasonable prices. Tonight, dressed in "Yukata" and enjoy a traditional Japanese "Nabe" (steamboat) dinner and not forgetting to relax yourself in one of the "onsen" (hot spring bath) within the hotel.

Accommodation: Hotel in Lake Kawaguchi 🏠

#### DAY 6 : TOKYO CITY TOUR (Breakfast / Lunch / Dinner)

After breakfast, we proceed to Tokyo for a city tour. First, we visit the famous Asakusa Kannon Temple, one of the famous tourist attractions in Japan. Along the colourful and crowded Nakamise Shopping Street, you will find a very wide selection of souvenirs and traditional Japanese snacks. Thereafter proceed to Ueno, where you can purchase everything from food products, upscale fashions and other miscellaneous goods at reasonable prices. Along the way, we will drive past Tokyo Sky Tree.

Accommodation: Hotel in Tokyo

#### DAY 7 : TOKYO ✈️ SINGAPORE (Breakfast)

This morning, have a last minute shopping in Tokyo until your transfer to Narita/Haneda International Airport for your flight back to Singapore with sweet memories of ANA First Choice Holiday.



#### Remarks

- Sequence of itinerary and flight schedules are subject to change without prior notice.
- Tour will be conducted in Mandarin. A bilingual (Mandarin/English) guide will be provided upon request and is subject to availability.